

Week 1

March 23-28

God is the Healer of the brokenhearted. If you feel like your heart is hurting today, Jesus can heal that wound on your heart. Ask Jesus to come and heal that sadness you feel.
Psalms 34:18; Psalm 147:3

God is the Healer of our physical bodies. Do you know anyone who has a sickness today? Are you feeling sick yourself? By His wounds, we are healed! Pray and ask Jesus to heal.
Malachi 4:2; Isaiah 53:5

God is the lifter of our heads! When you are sad, Jesus can take that weight off of your heart and give you new joy. Is there anything weighing you down today that you need to give to Him?
Psalm 3:3

God is our truest Friend. Today, take some time to talk to Jesus like you would talk to a friend. Tell Him how you're doing, how your day was, and what you need help with. He's there to listen.
John 15:15

God is our Hiding Place! That means when you feel scared, you can run to Jesus and He will keep you safe. He is always with you. Do you need to run to your Hiding Place today?
Psalms 32:7

God is your Living Hope! Do you feel hopeless today? Ask Jesus to remind you of the hope that He offers to you. Pray Romans 15:13 over yourself today.
1 Peter 1:3; Romans 15:13

Week 2

March 30-April 4

God is our Deliverer! Have you ever felt "stuck" before? Stuck in your sadness, worry, or fears? Do you know that Jesus wants to deliver you from that today? Invite Him in to help. He is our great Deliverer.
Psalms 40:1-3

God is your Rock! Jesus said that if you build your life upon Him and His words, then you will stand strong, like a house built on a rock!
Matthew 7:24-25

God is the Anchor for your Soul! Have you ever seen a boat's anchor before? It helps keep the boat in place and steadies it. Jesus can be that for your life—He can keep you steady and still, even when waves crash around you.
Hebrews 6:19

God is your Light! Psalm 18 says "It is You [God] Who lights my lamp; the Lord my God lightens my darkness." When you feel like things are dark in the world, look to God—He illuminates the darkness!
Psalms 18:28

God is your Protector! Scripture gives us the picture of God covering us under the shadow of His wings. Imagine that right now. Imagine God covering you under His wings. You are safe.
Psalms 63:7

God is a God of peace! God doesn't even give us a spirit of fear. He has given us a sound mind when all the world around us is scared and panicked. Ask God to help you live in His peace today!
2 Timothy 1:7

Week 3

April 6-11

God is able to give you a new song to sing! When you feel like you're sinking, He picks you up, puts you on a rock, and gives you a new song to sing! Sing a song to God today and notice how it changes how you feel about your circumstances.
Psalms 40:3

God is a Way Maker! He is able to make a way where there seems to be no way, just like He did for the people of Israel when He led them through the red sea. What do you need God to help you with today?
Isaiah 43:16-19

God is a stronghold for us! He keeps us safe when we are going through a storm. Trust that He is surrounding you today.
Nahum 1:7

God is our ever-present help when we need Him. When you call to Him, He is right there willing to help you!
Psalms 46:1

God is our Joy! When your heart feels sad, Jesus can fill your heart with joy. His joy will be your strength when you are struggling.
Nehemiah 8:10b

God is our Father! God takes care of you as His child. When you need His comfort or help, just cry out to Him. He hears His children.
Romans 8:15

Week 4

April 13-18

God is our wonderful Counselor. When you are hurting, He is there to listen to you and teach you what to do.
Isaiah 9:6; Psalms 32:8

God is our "way of escape" when we are tempted to sin! Do you know that God is able to help you resist sin when you are tempted? Call out to Him when you need help.
1 Cor. 10:13; Jude 1:24

God is our Strength! When you are weak, He is able to be strong. Be encouraged that your weakness does not have to hold you back from doing what God has called you to do and being who God has called you to be.
Isaiah 40:29

God is the hope of all the earth! Pray that nations begin to turn to the Lord during this time in history. Pray that God begins to draw people in America to Himself!
Psalms 98:3

God is holy! He is completely righteous, good, and true. That's very comforting when we see things that aren't righteous, true, and good in our world today. Ask that God will make Himself known to people who don't know Him today.
Leviticus 19:2

God is in control! He is Sovereign over it all and He has not abandoned us during this trial that the world is facing right now. Thank Jesus today that He is in control!
Romans 8:26-28

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